



2023

**USATF-Maine Association  
Youth Summer Series Schedule**

	<u>GROUP A 2PM</u>	<u>GROUP B 2PM</u>	<u>GROUP C 10AM</u>	<u>GROUP D 2PM</u>
Thursday June 29 A Meet	Gorham High James Karcanes 572-6619	Poland Regional Dan Roy 998-4827	Winslow Ken Nadeau 649-6365	Old Town Rod White 951-0864
Thursday July 6 B Meet	Massabesic Scott Carbone 651-8490	Lisbon High Jen Perron 576-2022 353-2289	Winslow Ken Nadeau 649-6365	Brewer Comm. David Jeffrey 631-9140 Dan Juilli 356-0605
Thursday July 13 A Meet	Massabesic Scott Carbone 651-8490	Lewiston High Tim Duchette 784-0191	Cony HS Mark Dennett 577-1732	Hampden Academy Mike Ditzel 735-4796
Thursday July 20 B Meet	Windham high Phil Jackson 892-1905 939-9257	Poland Regional Dan Roy 576-4244	Skowhegan HS Andy Dickinson 612-6285	Cameron Stadium Alan Mosca 974-9360
Thurs July 28 A/B Meet Combined	Freeport H.S Jared Boudreau 619-4927 <u>12:30 pm Start</u>	Lisbon High Jen Perron 576-2022 353-2289	Leavitt HS Jamie Juntura 595-1342	Orono H.S. Chris Libby 299-2458

Junior Division Qualifying Meets  
(10:00 am start time for all Qualifying Meets)

Thurs. August 3	Freeport H.S. Ron Kelly 745-4781	Lewiston High Jen Perron 576-2022	Cony HS Mark Dennett 577-1732	Brewer David Jeffrey 631-9140
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2023 USATF-Maine Association 14 & Under Track & Field State Championship

Saturday, August 12<sup>th</sup>, 2023

**Cony High School, Augusta, ME**

Ron Kelly  
745-4781

Meet Begins at 9:00am

YOUTH DIVISION MEETS EVENTS

A Meets

B Meets

BOYS		GIRLS		BOYS		GIRLS	
8 & Under				8 & Under			
800M R.W.	800M R.W.	800M R.W.	800M R.W.	800M R.W.	800M R.W.	800M R.W.	800M R.W.
200M	100M	100M	100M	200M	200M	200M	200M
800M	400M	400M	400M	800M	800M	800M	800M
SHOT PUT - 4LBS	JAVELIN	JAVELIN	JAVELIN	SHOT PUT - 4LBS	SHOT PUT - 4LBS	SHOT PUT - 4LBS	SHOT PUT - 4LBS
HIGH JUMP	LONG JUMP	LONG JUMP	LONG JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP
400M RELAY	400M RELAY	400M RELAY	400M RELAY	400M RELAY	400M RELAY	400M RELAY	400M RELAY
9-10				9-10			
800M R.W.	100M	100M	100M	800M R.W.	800M R.W.	800M R.W.	800M R.W.
200M	400M	400M	400M	200M	200M	200M	200M
800M	1500M	1500M	1500M	800M	800M	800M	800M
SHOT PUT - 6LBS	JAVELIN	JAVELIN	JAVELIN	SHOT PUT - 6LBS	SHOT PUT - 6LBS	SHOT PUT - 6LBS	SHOT PUT - 6LBS
HIGH JUMP	LONG JUMP	LONG JUMP	LONG JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP
1600M RELAY	400M RELAY	400M RELAY	400M RELAY	1600M RELAY	1600M RELAY	1600M RELAY	1600M RELAY
11-12				11-12			
80M LOW HURDLES	800M R.W.	800M R.W.	800M R.W.	80M LOW HURDLES	80M LOW HURDLES	80M LOW HURDLES	80M LOW HURDLES
200M	100M	100M	100M	200M	200M	200M	200M
800M	400M	400M	400M	800M	800M	800M	800M
3000M	1500M	1500M	1500M	3000M	3000M	3000M	3000M
SHOT PUT - 6LBS	JAVELIN	JAVELIN	JAVELIN	SHOT PUT - 6LBS	SHOT PUT - 6LBS	SHOT PUT - 6LBS	SHOT PUT - 6LBS
HIGH JUMP	DISCUS	DISCUS	DISCUS	HIGH JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP
TRIPLE JUMP	LONG JUMP	LONG JUMP	LONG JUMP	TRIPLE JUMP	TRIPLE JUMP	TRIPLE JUMP	TRIPLE JUMP
1600M RELAY	400M RELAY	400M RELAY	400M RELAY	1600M RELAY	1600M RELAY	1600M RELAY	1600M RELAY
13-14				13-14			
100M LOW HURDLES	1500M R.W.	1500M R.W.	1500M R.W.	100M LOW HURDLES	100M LOW HURDLES	100M LOW HURDLES	100M LOW HURDLES
200M	100M	100M	100M	200M	200M	200M	200M
800M	400M	400M	400M	800M	800M	800M	800M
3000M	1500M	1500M	1500M	3000M	3000M	3000M	3000M
SHOT PUT - 4K	JAVELIN	JAVELIN	JAVELIN	SHOT PUT - 6LBS	SHOT PUT - 6LBS	SHOT PUT - 6LBS	SHOT PUT - 6LBS
HIGH JUMP	DISCUS	DISCUS	DISCUS	HIGH JUMP	HIGH JUMP	HIGH JUMP	HIGH JUMP
TRIPLE JUMP	LONG JUMP	LONG JUMP	LONG JUMP	TRIPLE JUMP	TRIPLE JUMP	TRIPLE JUMP	TRIPLE JUMP
POLE VAULT	POLE VAULT	POLE VAULT	POLE VAULT	POLE VAULT	POLE VAULT	POLE VAULT	POLE VAULT
1600M RELAY	400M RELAY	400M RELAY	400M RELAY	1600M RELAY	1600M RELAY	1600M RELAY	1600M RELAY

**COED RELAYS ALL AGE GROUPS**